

FREE!

WALK-IN TAX CLINICS

Wednesdays, February 26 to April 23, 1 to 4 p.m.
Wednesday evenings, March 19 and April 9,
from 5 p.m. to 7 p.m.

MRC Coaticook Only for residents
of the Coaticook MRC

SERVICE D'AIDE EN IMPÔT
PROGRAMME DES BÉNÉVOLES
DEPUIS 1988



WHERE: Action Hall, 87 Main Street West, Coaticook
Parking across the street



WALK-IN TAX CLINICS

Municipalité de Martinville

MARCH 4 FROM 1 TO 4 P.M.
Municipal Office, 233 Principale Street East
Martinville, QC J0B 0B1

Waterville **MARCH 5, 3 TO 6 P.M.**
Salle SQ, Town Hall, 170 Principale Street
South, Waterville, J0B 3H0

Municipalité de Barnston-Ouest **MARCH 11, 2 TO 5 P.M.**
Way's Mills Municipal Office
2080 Way's Mills Road
Ayer's Cliff, J0B 1C0

Dixville **MARCH 18 FROM 1 TO 4 P.M.**
Town Hall, 251 chemin Parker
Dixville J0B 1P0

East Hereford **MARCH 25 FROM 1 TO 3 P.M.**
Town Hall, 15 rue de l'Église
East Hereford, J0B 1S0

Municipalité de Saint-Malo **MARCH 25, 3:30 TO 5 P.M.**
Local de L'Âge d'or
459, route 243
Saint-Malo J0B 2Y0

Compton **APRIL 1st FROM 3 TO 6 PM**
Church basement, room 4
6747 Rte Louis-S.-Saint-Laurent
Compton, J0B 1L0

Saint-Herménégilde **APRIL 8 FROM 1 TO 4 P.M.**
Community Centre
776 Principale Street
Saint-Herménégilde, J0B 2W0

To qualify

- Single person : Annual income of \$35,000 or less
- Couple: Annual income 45,000 or less
- 1 adult with 1 child : Annual income of \$45,000 or less
- Add \$2,500 of income for each additional dependant
- Interest and dividend income : Less than \$1,000 per year
- Self-employed: Income of \$1,000 or less and no employment expenses.

What to bring

- Tax slips 2024
- Notice of assessment 2023 (federal and provincial)
- Relevé 31 (tenants)
- Municipal tax statement (owners)
- Medical receipts



For appointments
or information :
819-849-7011 #224



La popote roulante

DU CENTRE D'ACTION BÉNÉVOLE
DE LA MRC DE COATICOOK

Fresh meals served at home

MENU

MARS 2025

For information:

Sandra Boss 819 849-7011 ext. 225

popote@cabmrccoaticook.org

The CAB is proud to use meat from
Moisson Estrie to reduce
food waste and maintain
the affordability of Meals on Wheels



MOISSON ESTRIE

MEALS ON WHEELS MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Corn Chowder Garden Chicken Vegetables Bread Oatmeal Cookie	4 Beef and Rice Soup Gratinated Macaroni Vegetables Blueberry Squares	5 Chicken Noodle Soup Maple Beef Stew Potatoes Vegetables Cherry Cake	6 Cream of Vegetable Soup Meatloaf Rice Vegetables Muffin	7 Turnip and Gourmet Soup Seafood Gratin Vegetables Zucchini Chocolate Cake
10 Minestrone Soup Beef Patty Rice Sautéed Vegetables Chocolate Muffin	11 Broccoli Velouté Chicken Pot Pie Mashed Potatoes Vegetables Fruit Crisp	12 Chinese Soup Stewed Pork Noodles Vegetables Banana Bread	13 Onion Soup Porcupine Meatball Vegetables Potato Fruit Pudding	14 Vegetable Soup Fish Fillet with Béarnaise Sauce Rice Vegetables Bread and Raisin Pudding
17 Tomato & Rice Soup Chicken Curry Couscous Vegetables Pumpkin Cookies	18 Cream of Vegetable Soup Meat Lasagna Vegetables Tapioca and Cookie	19 Cream of Celery Soup Ham and pasta salad, vegetables Blueberry Muffins	20 Tomato and Corn Soup Pork Chop Mashed Potatoes Vegetables Lemon Square	21 Chicken Noodle Soup Dill Salmon Rice & Vegetables Oat Cake
24 Vegetable Soup Chicken Grandpa Rice & Vegetables Jell-O & Cookies	25 Cream of Carrot and Broccoli Soup African Beef Potatoes and Vegetables Chocolate Pie	26 Beef and Barley Soup Chinese Chicken Macaroni (Chow Mein) Date Square	27 Rice and Chicken Soup Honey and Balsamic Vinegar Pork Medallion Egg Noodles Vegetables Molasses Cookies	28 Tomato and Noodle Soup Trout Pies Vegetables Chocolate Sauce Cake



Discover the
2nd choice of the month:
meatloaf!
Available at all times, this delicious option is
available to you
all month long.

