



**La popote
roulante**

DU CENTRE D'ACTION BÉNÉVOLE
DE LA MRC DE COATICOOK

FROZEN MEALS AT 4\$

- CHICKEN POT PIE
- CHICKEN WITH VEGETABLES
- MEAT MACARONI
- HAM AND VEGETABLES
- MEAT PIE AND VEGETABLES
- LASAGNA
- MEATBALL STEW, BROWN SAUCE
- CHEESE AND HAM MACARONI
- SHEPERD'S PIE
- MEATLOF AND VEGETABLES



**Order at the same time as the regular Meals at:
819 849-7011, ext. 225**

**Order received before noon on Thursday will be
delivered the following Wednesday.**